

# NAC Program Guide 2016

## NAC Mentee

The most successful mentees are those who are motivated and feel empowered to plan and manage the direction of their professional life. They take responsibility for their development, learning, and professional growth. Further, they come to the mentor/mentee relationship open to coaching, feedback, and guidance from the mentor.

## What to expect

1. Once selected for the program, the incoming NAC students will meet and interact with their NAC cohort and the entire NAC 2016 class virtually (using Google Hangouts or Skype) & prepare for the summer research project before arrival to the cohort site.
2. While at the cohort sites, we expect the students to participate in the weekly NAC group meetings, NAC activities, and "All NRAO Student" activities.
3. Following the summer internship experience, students will be invited to the NAC workshop (usually held in September at Howard University).
4. Over the fall semester, the students are expected to continue their research at their home institution in collaboration with their home faculty member and the NAC mentor in preparation for the AAS meeting.
5. Additionally the students are expected to remain actively involved with the NAC via regular monthly Google Hangouts / Skype telecons.

The specific responsibilities of the mentee in the mentor/mentee relationship are to:

- Initiate and communicate expectations regarding the mentoring relationship
- Establish the mentoring agreement that outlines the terms of the relationship
- Collaborate with the mentor to identify competency strengths and weaknesses
- Meet with the mentor on a regular basis (i.e., weekly during the summer and monthly during the semester at home institution) or as established by the mentoring agreement.
- Participate as an active listener when receiving feedback
- Keep supervisor apprised of participation and progress in the Mentoring Program
- Establish an Individual Development Plan (IDP)
- Participate in NAC orientated Activities; Hang outs, AAS conference, Weekly meetings, other activities as schedule in the NAC summer program timeline.
- Maintain confidentiality within the mentoring relationship
- Maintain appropriate professional conduct throughout program.